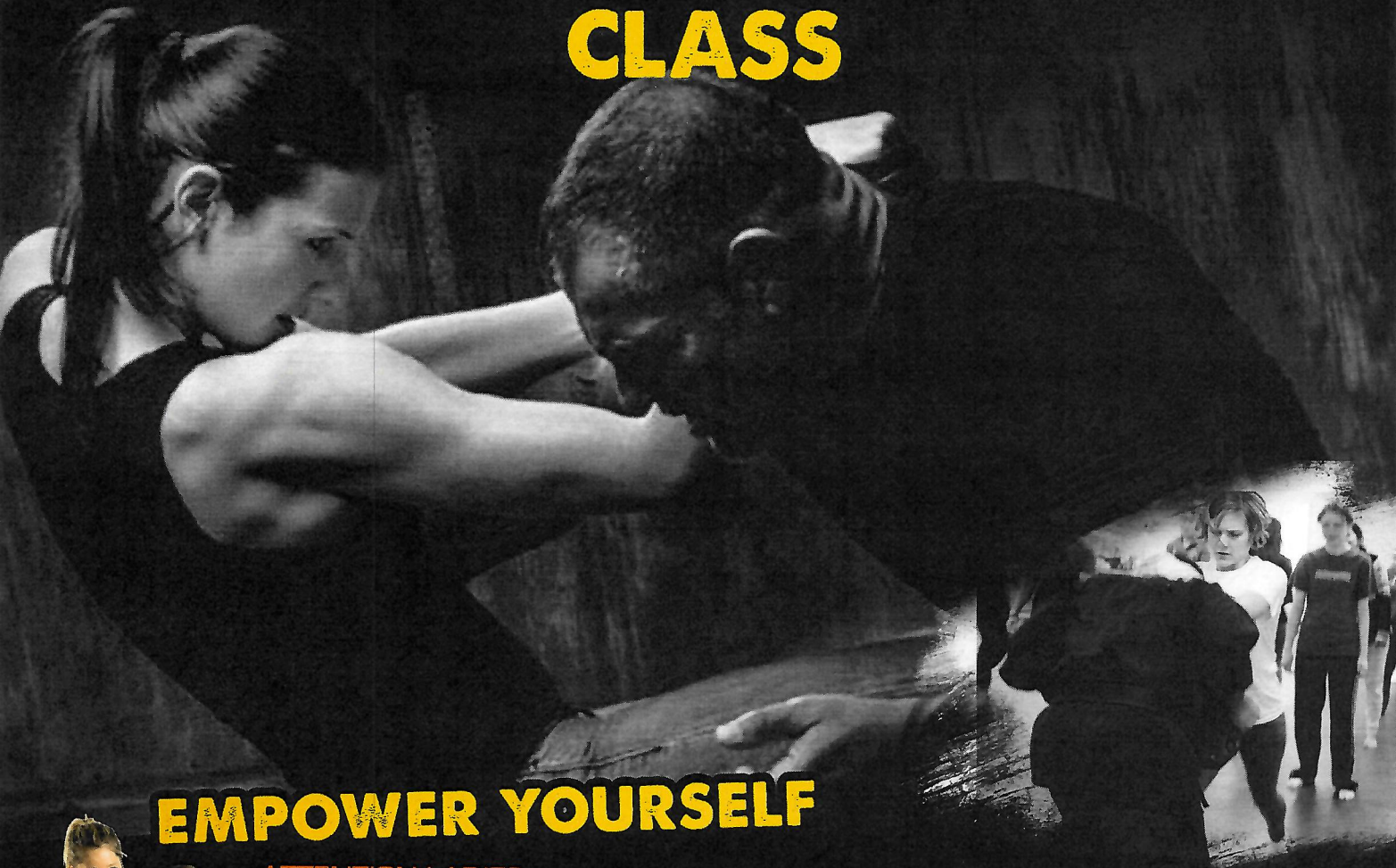


# WOMEN'S SELF-DEFENSE CLASS



## EMPOWER YOURSELF

### ATTENTION LADIES:

We are hosting a WOMEN'S SELF-DEFENSE CLASS that you won't want to miss! Learn basic self-defense that gives you personal confidence and can save your life or the life of a loved one! Space is Limited.



**FEEL SAFER! BE SAFER!**

**SIGN UP TODAY!**

**Time:** 6pm - 7pm

**Date:** March 21, 2024

**Cost:** \$10

**Sign up by:** March 20, 2024

Mason Police Dept  
(603) 878-1111

lhernandez@  
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